

Early History of Rideau Lakes

Archaeological evidence shows that Indigenous peoples have continuously lived in the Rideau Lakes area for at least 9,000 years. Indigenous artifacts have been found around all of the lakes in this area.

The Anishinaabe, who were known historically as Algonquins, lived throughout the Frontenac Arch and beyond in the Ottawa Valley. They lived in small family groups, hunting, fishing, and gathering in the forests and lakes of the region and practicing rudimentary horticulture. Their territory was acknowledged by colonial authorities and many of their descendants continue to live in the area.